For Immediate Release

December 4, 2024

(Halifax, NS): The Board of the Nova Scotia College of Nursing (NSCN) is pleased to announce the appointment of Sara Telfer as NSCN's new CEO and Registrar effective March 31, 2025. With extensive expertise in regulatory leadership and a deep commitment to the public, Sara is well-positioned to lead NSCN into its next chapter, continuing its excellence in nursing regulation within the province of Nova Scotia.

Sara's experience within nursing regulation spans two coasts. Born and raised in Nova Scotia, she began her regulatory career with the College of Registered Nurses of Nova Scotia and the College of Licensed Practical Nurses of Nova Scotia. She relocated to British Columbia in 2010, holding a range of pivotal roles at a time of seismic change within B.C.'s health care and health regulatory sectors. Most recently, she served as the Executive Director and Deputy Registrar of Registration and Quality Assurance with the British Columbia College of Nurses and Midwives.

Sara has a deep understanding of regulatory frameworks and is well-versed in the current trends and challenges in health care affecting the public and the nursing profession. A transparent and compassionate leader, she is dedicated to promoting inclusivity and building a solid foundation of trust and collaboration within the workplace. Her ability to engage meaningfully with diverse stakeholders—from health authorities to government bodies and national councils—aligns with NSCN's commitment to building bridges across the healthcare landscape.

"We are thrilled to welcome Sara as the new CEO and Registrar of NSCN," says Board Chair, Parteek (Gunny) Brar. "Her impressive track record in regulatory leadership, strategic insights, and ability to foster a culture of integrity and collaboration position her perfectly to lead our organization. We are confident that under her guidance, NSCN will continue to prioritize public safety and advance the profession to meet the evolving healthcare needs of Nova Scotians."

"I am delighted to return to the place that sparked my love for regulation as NSCN's next CEO and Registrar," says Sara. "NSCN has a well-earned reputation for regulatory excellence, and I look forward to bringing all my learnings and experience to NSCN as we navigate the ongoing evolution of healthcare regulation." With her passion, expertise, and dedication to advancing nursing regulation in the public interest, Sara will bring invaluable leadership to NSCN when she begins her new role, after a thorough transition with current NSCN CEO & Registrar, Sue Smith, upon her planned retirement.

About NSCN:

The Nova Scotia College of Nurses (NSCN) is the official regulatory body for all nursing professionals throughout the province of Nova Scotia. The public trusts that nurses practice with public interest as their priority and it is the role of NSCN to ensure that practice in the public interest is maintained. NSCN regulates over 23,000 licensed LPNs, RNs and NPs across Nova Scotia on behalf of the public, setting the nursing practice standards, supporting nurses to uphold the standards, approving nursing education programs, enhancing the continuing competence of nurses, and addressing complaints received about nursing practice. NSCN safeguards the public, ensuring that all nurses in Nova Scotia have the education and skills they need to care for people safely, competently, ethically, and compassionately.

-30-

Media Contact: Jane Wilson Tel 902.377.5132 Toll-free (NS) 1.833.267.6726 Email: jane.wilson@nscn.ca

Excellence for all